



ANNE ARUNDEL
GASTROENTEROLOGY
ASSOCIATES, P.A.

James M. Blake, MD
Anthony J. Calabrese, MD, FACP
Michael N. Peters, MD, FACP
John L. Newman, MD, FACP
Suzanne L. Sankey, MD
Douglas D. Dykman, MD, FACP
Christopher F. Schultz, MD
Melanie L. Jackson, MD, FACP
Praveena G. Velamati, MD
Christopher A. Olenec, MD
Thomas L. Simcox, MD
Raja Taunk, MD
Mark Flasar, MD, MS
William A. Cassidy, MD, Emeritus
Amanda Era, CRNP

Bestgate Medical Clinic
820 Bestgate Road
Suite 2A
Annapolis, Maryland 21401

Pasadena
8109 Ritchie Highway
Suite 102
Pasadena, Maryland 21122

Bowie
4175 North Hanson Court
Suite 304
Bowie, Maryland 20716

Arundel Mills
7550 Teague Road
Suite 107
Hanover, Maryland 21076

Kent Island
200 St. Claire Place
Suite 100
Stevensville, Maryland 21666



An Affiliate of Anne Arundel
Gastroenterology Associates, P.A.

Bestgate Medical Clinic
820 Bestgate Road
Suite 1A
Annapolis, Maryland 21401

Phone 410-224-2116
Fax 410-224-2118
Toll Free 1-866-224-AAGA
Local 410-280-AAGA (2242)

AAGA009 (Rev 11/16)

PREPARATION INSTRUCTIONS FOR ESOPHAGEAL MANOMETRY STUDY

Date of Procedure _____

Procedure Time _____

Arrival Time _____

Place Anne Arundel Gastroenterology Associates, P.A.
 Bestgate Medical Clinic
820 Bestgate Road, Suite 2A
Annapolis, MD 21401

This procedure involves passing a narrow, soft tube through the nostril and into the esophagus. This tube measures pressures so your physician can evaluate how strongly the esophagus muscle contracts when you swallow and how competent the sphincter (valve) is at the end of the esophagus. In most cases it is an easily tolerated procedure. You may feel a little pressure in your nostril and slight gagging as the tube is initially passed. This sensation subsides once the tube is positioned.

This study takes approximately 30-45 minutes to perform. You will be able to drive and go to work after the procedure.

INSTRUCTIONS

NOTHING BY MOUTH SIX(6) HOURS PRIOR TO PROCEDURE.

PATIENT RESPONSIBILITY

IT IS YOUR RESPONSIBILITY TO CHECK WITH YOUR INSURANCE COMPANY REGARDING PRE-AUTHORIZATION AND ANY REFERRALS NECESSARY FOR THIS PROCEDURE. YOU WILL NEED TO PRESENT A CURRENT PHOTO ID, VALID INSURANCE CARD AND VALID REFERRAL, IF REQUIRED. YOU WILL BE EXPECTED TO PAY ANY COPAYMENTS, COINSURANCE, DEDUCTIBLES AND OUTSTANDING BALANCES AT THE TIME OF YOUR APPOINTMENT. IF YOU ARE NOT PREPARED TO PAY THE FEES DUE, YOUR APPOINTMENT MAY BE CANCELLED.

PLEASE LEAVE VALUABLES AT HOME OR WITH THE RESPONSIBLE TRANSPORTATION PROVIDER. PLEASE BRING YOUR EYEGLASSES. PLEASE DO NOT WEAR ANY JEWELRY OTHER THAN A WEDDING RING.

Anne Arundel Gastroenterology Associates provides medical services regardless of race, color, age, national origin, sex, religion, or handicap. If you are hearing impaired or have a language barrier, please notify our office.