



**ANNE ARUNDEL
GASTROENTEROLOGY
ASSOCIATES, P.A.**

James M. Blake, MD
Anthony J. Calabrese, MD, FACP
Michael N. Peters, MD, FACP
John L. Newman, MD, FACP
Suzanne L. Sankey, MD
Douglas D. Dykman, MD, FACP
Christopher F. Schultz, MD
Melanie L. Jackson, MD, FACP
Praveena G. Velamati, MD
Christopher A. Olenec, MD
Thomas L. Simcox, MD
Raja Taunk, MD
Mark Flasar, MD, MS
William A. Cassidy, MD, Emeritus
Amanda Era, CRNP

Bestgate Medical Clinic
820 Bestgate Road
Suite 2A
Annapolis, Maryland 21401

Pasadena
8109 Ritchie Highway
Suite 102
Pasadena, Maryland 21122

AAMC Health Services-Bowie
4175 North Hanson Court
Suite 304
Bowie, Maryland 20716

Arundel Mills
7550 Teague Road
Suite 107
Hanover, Maryland 21076

Kent Island
200 St. Claire Place
Suite 100
Stevensville, Maryland 21666



An Affiliate of Anne
Arundel Gastroenterology
Associates, P.A.

Bestgate Medical Clinic
820 Bestgate Road, Suite
1A Annapolis, Maryland
21401
410-224-2116

www.aagastro.com
Toll Free 1-866-224-
AAGA Local 410-280-
AAGA (2242)

PREPARATION INSTRUCTIONS FOR CAPSULE ENDOSCOPY

Date of Procedure _____

Arrival time _____

Procedure time _____

Place Anne Arundel Gastroenterology Associates, P.A.
Bestgate Medical Clinic
820 Bestgate Road, Suite 2A
Annapolis, MD 21401

FIVE (5) DAYS PRIOR TO EXAM

Refrain from taking aspirin products, non-steroidal anti-inflammatory medications (advil, ibuprofen) and iron products.

DAY PRIOR TO EXAM

NOON: Start a clear liquid diet. Clear liquids allowed are water, Gatorade, apple juice, white grape juice, gingerale, sprite, plain coffee or plain tea.

5PM: Take (1) Bisacodyl 5mg tablet. This can be purchased at the pharmacy. Bisacodyl is a laxative.

NOTHING TO EAT OR DRINK AFTER MIDNIGHT PLEASE WEAR CLOTHING WITH NO METAL ON IT

When you arrive for the Capsule Endoscopy exam, you will receive 10 drops of Simethicone (a gas inhibitor) mixed with 4 ounces of water, 30 minutes before swallowing the capsule. We will provide the Simethicone.

PATIENT RESPONSIBILITY

IT IS YOUR RESPONSIBILITY TO CHECK WITH YOUR INSURANCE COMPANY REGARDING PRE-AUTHORIZATION AND ANY REFERRALS NECESSARY FOR THIS PROCEDURE. YOU WILL NEED TO PRESENT A CURRENT PHOTO ID, VALID INSURANCE CARD AND VALID REFERRAL, IF REQUIRED. YOU WILL BE EXPECTED TO PAY ANY COPAYMENTS, COINSURANCE, DEDUCTIBLES AND OUTSTANDING BALANCES AT THE TIME OF YOUR APPOINTMENT. IF YOU ARE NOT PREPARED TO PAY THE FEES DUE, YOUR APPOINTMENT MAY BE CANCELLED.

PLEASE LEAVE VALUABLES AT HOME OR WITH THE RESPONSIBLE TRANSPORTATION PROVIDER. PLEASE BRING YOUR EYEGLASSES. PLEASE DO NOT WEAR ANY JEWELRY OTHER THAN A WEDDING RING.

Anne Arundel Gastroenterology Associates provides medical services regardless of race, color, age, national origin, sex, religion, or handicap. If you are hearing impaired or have a language barrier, please notify our office.