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PREPARATION INSTRUCTIONS FOR ESOPHAGEAL MOTILITY STUDY

Date of Procedure _____

Procedure Time _____

Arrival Time _____

PLACE Anne Arundel Gastroenterology Associates, P.A.
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This procedure involves passing a narrow, soft tube through the nostril and into the esophagus. This tube measures pressures so your physician can evaluate how strongly the esophagus muscle contracts when you swallow and how competent the sphincter (valve) is at the end of the esophagus. In most cases it is an easily tolerated procedure. You may feel a little pressure in your nostril and slight gagging as the tube is initially passed. This sensation subsides once the tube is positioned.

This study takes approximately 30-45 minutes to perform. You will be able to drive and go to work after the procedure.

INSTRUCTIONS

NOTHING BY MOUTH SIX (6) HOURS PRIOR TO PROCEDURE.

Anne Arundel Gastroenterology Associates provides medical services regardless of race, color, age, national origin, sex, religion, or handicap. If you are hearing impaired or have a language barrier, please notify our office.