



**ANNE ARUNDEL
GASTROENTEROLOGY
ASSOCIATES, P.A.**

Michael N. Peters, MD, FACP
John L. Newman, MD, FACP
Suzanne L. Sankey, MD
Douglas D. Dykman, MD, FACP
Christopher F. Schultz, MD
Melanie L. Jackson, MD, FACP
Praveena G. Velamati, MD
Christopher A. Olenec, MD
Thomas L. Simcox, MD
Raja Taunk, MD
Mark Flasar, MD
William A. Cassidy, MD, Emeritus
James M. Blake, MD, Emeritus
Anthony J. Calabrese, MD, Emeritus
Amanda Era, CRNP

Bestgate Medical Clinic
820 Bestgate Road
Suite 2A
Annapolis, Maryland 21401

AAMC Health Services-Pasadena
8109 Ritchie Highway
Suite 102
Pasadena, Maryland 21146

AAMC Health Services-Bowie
4175 North Hanson Court
Suite 304
Bowie, Maryland 20716

Kent Island
130 Love Point Road
Suite 106
Stevensville, Maryland 21666



An Affiliate of Anne Arundel
Gastroenterology Associates, P.A.

Bestgate Medical Clinic
820 Bestgate Road
Suite 1A
Annapolis, Maryland 21401

Phone 410-224-2116
Fax 410-224-2118
Toll Free 1-866-224-AAGA
Local 410-280-AAGA (2242)

www.aagastro.com

PREPARATION INSTRUCTIONS FOR ANORECTAL MANOMETRY

Procedure _____

Arrival Time _____

Procedure Time _____

PLACE

- Anne Arundel Gastroenterology Associates, P.A.
- Bestgate Medical Clinic
820 Bestgate Road, Suite 2A
Annapolis, MD 21401

Anorectal manometry involves passing a very narrow tube into the anal canal. This procedure measures pressures throughout the rectum and anal canal to determine how well the muscles in this area function. During the procedure you will be asked to squeeze your anal muscles, push, and indicate when you feel balloon inflation. This is a very easily tolerated procedure with only perhaps a sensation of fullness in the rectum. The procedure takes 20 minutes to perform. You will be able to work or go home immediately after the procedure.

INSTRUCTIONS

- Administer one Fleets enema the day of the procedure – 1 hour before appointment.

PATIENT RESPONSIBILITY

IT IS YOUR RESPONSIBILITY TO CHECK WITH YOUR INSURANCE COMPANY REGARDING PRE-AUTHORIZATION AND ANY REFERRALS NECESSARY FOR THIS PROCEDURE. YOU WILL NEED TO PRESENT A CURRENT PHOTO ID, VALID INSURANCE CARD AND VALID REFERRAL, IF REQUIRED. YOU WILL BE EXPECTED TO PAY ANY COPAYMENTS, COINSURANCE, DEDUCTIBLES AND OUTSTANDING BALANCES AT THE TIME OF YOUR APPOINTMENT. IF YOU ARE NOT PREPARED TO PAY THE FEES DUE, YOUR APPOINTMENT MAY BE CANCELLED.

PLEASE LEAVE VALUABLES AT HOME OR WITH THE RESPONSIBLE TRANSPORTATION PROVIDER. PLEASE BRING YOUR EYEGLASSES, IF APPLICABLE, AS WELL AS SUFFICIENT CASH, CREDIT CARD OR CHECK FOR YOUR FINANCIAL RESPONSIBILITY.

Anne Arundel Gastroenterology Associates provides medical services regardless of race, color, age, national origin, sex, religion, or handicap. If you are hearing impaired or have a language barrier, please notify our office.