



# PERSONAL HISTORY FORM



Anne Arundel Gastroenterology Associates, P.A.

Name \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_ Today's Date: \_\_\_\_\_  
Sex: \_\_\_\_\_ SSN: \_\_\_\_\_ Weight: Now \_\_\_\_\_ One Year Ago \_\_\_\_\_ Maximum \_\_\_\_\_ When \_\_\_\_\_

## PAST MEDICAL HISTORY

Please  any that you have ever had

### GENERAL

- Hayfever
- Seasonal Allergies
- Broken Bones (Location) \_\_\_\_\_
- Transfusion (Dates) \_\_\_\_\_

### VACCINES RECEIVED

- Hepatitis A/B
- Pneumonia
- HPV
- Other \_\_\_\_\_

### CANCER

- Type/Treatment \_\_\_\_\_

### HEART

- High Cholesterol
- Hypertension
- Heart Murmur/Rheumatic Fever
- MI/Heart Attack
- Heart Failure
- Atrial Fibrillation
- Pacemaker/Defibrillator
- Blood Clots/DVT's

### LUNGS

- Asthma
- Emphysema/COPD/Bronchitis
- Pneumonia
- Sleep Apnea

### ENDOCRINE

- Hypothyroid
- Hyperthyroid
- Diabetes

### GI

- Ulcers
- GERD
- Strictures
- Celiac Disease
- Food Allergies/Intolerance
- Colon Polyps
- Crohn's/Ulcerative Colitis
- Irritable Bowel Syndrome
- Chronic Laxative Use
- Anal Fissures
- Hemorrhoids
- Last Upper Endoscopy
- Last Colonoscopy

### GU

- Prostate Enlargement/Prostatitis
- Stones
- Urinary Tract Infection

### GYN

- Live Births # \_\_\_\_\_ Abortions/Miscarriages # \_\_\_\_\_
- C-Sections
- Last Menstrual Period \_\_\_\_\_
- Contraception \_\_\_\_\_

### LIVER DISEASE

- Jaundice
- Gallstones
- Cirrhosis
- Other \_\_\_\_\_

### INFECTIOUS DISEASES

- Shingles/Chickenpox
- Gonorrhea/Syphilis
- HIV/AIDS
- Polio
- Meningitis
- Herpes  Genital  Anal  Oral
- Tuberculosis
- Hepatitis A B C (circle)
- Mononucleosis
- Last Use of Antibiotics \_\_\_\_\_

### DERMATOLOGIC

- Skin Cancer (Type/Location) \_\_\_\_\_
- Hives/Edema
- Eczema
- Psoriasis

### RHEUMATOLOGIC

- Osteoarthritis
- Osteoporosis
- Arthritis  Rheumatoid  Other \_\_\_\_\_
- Gout
- Lupus
- SICCA Syndrome

### MENTAL ILLNESS

- Depression
- Anxiety
- Schizophrenia
- ADD/ADHD
- Anorexia/Bulimia
- Bipolar

### NEUROLOGIC

- Migraines
- Multiple Sclerosis
- CVA/Stroke
- Seizures/Epilepsy

### SURGICAL HISTORY

- Gallbladder
- Appendix
- Hernia  Inguinal
- Vasectomy
- Hysterectomy
- Oophorectomy
- Tubal Ligation

### MEDICATION ALLERGIES (Describe Reaction)

\_\_\_\_\_

### MEDICATIONS (PRESCRIPTION & OVER THE COUNTER)

| Name | Dose | Frequency |
|------|------|-----------|
|      |      |           |
|      |      |           |
|      |      |           |
|      |      |           |

### FAMILY HISTORY

State of Health \_\_\_\_\_ Cause of Death \_\_\_\_\_

Father \_\_\_\_\_

Mother \_\_\_\_\_

Siblings \_\_\_\_\_

Colon Polyps? \_\_\_\_\_ Crohn's/UC? \_\_\_\_\_

Colon Cancer? \_\_\_\_\_ Celiac Disease? \_\_\_\_\_

Has any blood relative ever had:  
Please  any that apply.

- Cancer type? \_\_\_\_\_
- Colitis type? \_\_\_\_\_
- Diabetes
- Heart Trouble
- High Blood Pressure
- Stroke
- Liver Disease
- Ulcer Disease
- Gallbladder Disease

### SOCIAL HISTORY

Did you ever smoke? No Yes

How long? \_\_\_\_\_

Do you smoke now? No Yes

How many per day? \_\_\_\_\_

If you quit, when? \_\_\_\_\_

Do you consume alcoholic beverages?  
How much per week? \_\_\_\_\_

Have you ever used recreational drugs other than marijuana? No Yes

Do you have any tattoos? No Yes

Have you ever been treated for addiction to alcohol or drugs? No Yes

Circle: Single - Married - Divorced-  
Separated - Widowed

Do you live with your spouse? No Yes

How many children do you have? \_\_\_\_\_

Number in Household/Children \_\_\_\_\_

Your Occupation \_\_\_\_\_

## REVIEW OF SYSTEMS

Please ✓ any that you have or have had in the past 6 months.

### GENERAL

- Appetite    Good    Fair    Poor
- Energy Level    Good    Fair    Poor
- Undesired Weight Loss/Gain
- Change in Mood
- Insomnia

### SKIN

- Rash
- New Lesions
- Dryness of Skin
- Easy Bruising
- Change in Hair/Skin
- Itching

### HEAD & NECK

- Change in Vision
- Ear Problems
- Nose/Gum Bleeds
- Frequent Colds/Sinusitis
- Loss of Taste
- Hoarseness/Laryngitis
- Recurrent Sore Throat
- Mouth Sores
- Enlarged Glands

### LUNGS

- Shortness of Breath
- Chronic Cough (Dry?/Productive?)
- Painful Breathing

### HEART

- Angina
- Pain Radiating to Arms, Neck, Chest
- Palpitations/Fluttering

### HEART (continued)

- Leg Cramps on Waking/at Night
- Swelling/Edema
- Vein Problems

### GI

- Belching/Burping
- Heartburn/Indigestion
- Trouble Swallowing
- Food Intolerances
- Nausea/Vomiting
- Vomiting Blood
- Black-Colored Stool/Melena
- Blood in Stool
- Diarrhea/Constipation
- Change in Bowels (Frequency/Appearance)
- Abdominal Pain/Cramps
- Rectal Pain

### GU

- Frequent Urination
- Painful Urination
- Urination at Night
- Blood in Urine

### JOINTS/MUSCLES

- Backaches
- Joint Pain/Swelling
- Weakness
- Altered Sensation

### HORMONAL

- Hot Flashes
- Flushing
- Heat/Cold Intolerance

Please list any other conditions for which you are treated and/or with which you are diagnosed; additional medications; any other comments:

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Note: This is a confidential record of your medical history and will be kept in this office. Information contained here will not be released to any person except when you have authorized us to do so.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Reviewed by \_\_\_\_\_ Date \_\_\_\_\_